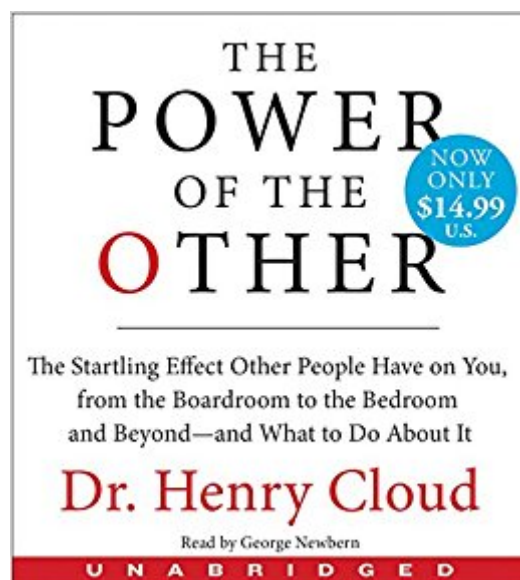




The book was found

The Power Of The Other Low Price CD: The Startling Effect Other People Have On You, From The Boardroom To The Bedroom And Beyond-and What To Do About It



Synopsis

Most leadership coaching focuses on helping leaders build their skills and knowledge and close performance gaps. These are necessary, but not sufficient. Using evidence from neuroscience and his work with leaders, Dr. Henry Cloud shows that the best performers draw on another vital resource: personal and professional relationships that fuel growth and help them surpass current limits. Combining engaging case studies, persuasive findings from cutting-edge brain research, and examples from his consulting practice, Dr. Cloud argues that whether you're a Navy SEAL or a corporate executive, outstanding performance depends on having the right kind of interpersonal connections to fuel personal growth and minimize toxic associations and their effects. Presenting a dynamic model of the impact these different kinds of connections produce, Dr. Cloud shows readers how to get more from themselves by drawing on the strength and expertise of others. You don't have a choice whether or not others have power in your life, but you can choose what kinds of relationships you want.

Book Information

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Customer Reviews

“Henry brings the heart and the mind together, showing that constructive relationships support us in making our own lives and the lives of others better. There is no singular success; we all need to work with others to become our best selves. This book shows you where to look.” (Maria Shriver, journalist, founder of Shriver Media, the Women's Alzheimer's Challenge, and A Woman's Nation Maria Shriver, journalist, founder of Shriver Media, the Women's Alzheimer's Challenge, and A Woman's Nation Maria Shriver, journalist, fo)

A bestselling author and expert on the psychology of leadership identifies the critical ingredient for personal and professional well-being. Most leadership coaching focuses on helping leaders build their skills and knowledge and close performance gaps. These are necessary steps, but not sufficient. Using evidence from neuroscience and his work with leaders, Dr. Henry Cloud shows that the best performers draw on another vital resource: personal and professional relationships that fuel growth and help them surpass current limits. Popular wisdom suggests that we should not allow others to have power over us, but the reality is that they do, for better or for worse. Consider the boss who diminishes you through cutting remarks versus one who challenges you to get better. Or the colleague who always seeks the limelight versus the one who gives you the confidence to finish a difficult project. Or the spouse who is honest and supportive versus the one who resents your success. No matter how talented, intelligent, or experienced, the greatest leaders share one commonality: the power of the others in their lives. Combining engaging case studies, persuasive findings from cutting-edge brain research, and examples from his consulting practice, Dr. Cloud argues that whether you're a Navy SEAL or a corporate executive, outstanding performance depends on having the right kind of interpersonal connections to fuel personal growth and minimize toxic associations and their effects. Presenting a dynamic model of the impact these different kinds of connections produce, Dr. Cloud shows readers how to get more from themselves by drawing on the strength and expertise of others. You don't have a choice whether others have power in your life, but you can choose what kinds of relationships you want."

This is a great read on why the "other" is so important and the advantage of thinking as a team instead of the "me, me, me" thing.

This book was recommended by a colleague based on my request for servant leadership literature. It displays not disappoint me

I loved this book and would love to read it again. This book has been an incredible source of knowledge and insight that has touched my life for the better and helped me touch others as well. The principles taught apply to personal life as well as work life and have helped improve my relationships. A favorite for sure!!

I wish I could have read this book 20 years ago! Dr. Cloud's™ insight on relationships and

their power is life changing. I am a high achiever always striving to do my best to be successful by my own effort, but this book has opened my eyes to the "Power of Other People" on my life, both personally and professionally. "People give energy, and they take it away. Know the difference and plan accordingly." We were created to connect with each other. There is a power in our connection with others for good and for bad. Dr. Henry Cloud explains the elements and dynamics of these connections in his new book "The Power of The Other." Dr. Cloud explains about the 4 corners of relationships, and only one is where we thrive Corner 4. Corner 4 relationships refuel us physically, emotionally, intellectually and spiritually. They help us find purpose in life. Throughout the book, he goes in depth on the characteristics of a Corner 4 Connection, and how we get there: Connection that fuels, gives freedom, requires responsibility, defangs failure, challenges and pushes, builds structure, unites instead of divides, and is trustworthy. After reading this book, I am moving forward in my own growth and embracing my corner 4 relationships!

The depth of this book goes beyond the Speed of Trust, by Stephen M. R. Covey to explore the personal qualities needed to effectively work with others to accomplish extraordinary results.

Insightful on the power of relationships in our life. We truly were not meant to live this life alone!

This book gets into how to develop relationships that help you and others grow. It also talks about what really helps you meet goals. It explains why you can't get to the next level merely with positive self-talk because you need to have the skills, not just a change in thinking.

Changing your self is hard. Connecting with the right "Others" increases our chances of good change. The principles described aren't new, but they are presented in such a clear manner that they are easier to comprehend and implement.

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